



Lent 2022

SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				2 MARCH ASH WEDNESDAY Let us draw closer to God this Lent. <i>Joel 2:12-13</i>	3 Come, Follow Me Choose to respond generously to Jesus' call. <i>Luke 9:23</i>	4 Cleanse Me, O God! Confess your sins and seek forgiveness. <i>Psalms 51:3-4</i>	5 Have Mercy, Lord! Open your heart to God's love today. <i>Psalms 86:3-4</i>
6 Not By Bread Alone Pray to trust God to help with your needs? <i>Luke 4:4</i>	7 When Did We See You? Help someone in need today. <i>Matthew 25:37-40</i>	8 Our Father Spend extra time in prayer today as Jesus taught us. <i>Matthew 6:9-13</i>	9 A Humble Heart Pray for forgiveness from God and others. <i>Psalms 51:18-19</i>	10 Ask, Seek, Knock! Pray to God for what you need most. <i>Matthew 7:7-8</i>	11 Lord, Hear Me! Pray with confidence that God will answer you. <i>Psalms 130:1-2</i>	12 Love Your Enemies! Who do I most need to reconcile with today? <i>Matthew 5:43-45</i>	
13 Listen to Jesus! How can I listen more carefully to Jesus' words? <i>Luke 9:35</i>	14 Be Merciful! How might I care and help someone in need today? <i>Luke 6:36</i>	15 Hear God's Word! Read scripture today to discover God's message for you. <i>Isaiah 1:10</i>	16 Greatness through Service How might I serve someone in need today? <i>Matthew 20:26-27</i>	17 God Knows Our Heart Open my hidden self to God today in prayer. <i>Jeremiah 17:9-10</i>	18 Family Strife How can I lessen any tensions in my family relationships? <i>Psalms 133:1</i>	19 ST. JOSEPH God Is Merciful How might I thank God for all the gifts that I have received? <i>Psalms 103:1-2</i>	
20 My Burning Bush What is like the burning bush that most reveals God to me? <i>Exodus 3:2-4</i>	21 The Unwelcome Prophet How might I need to speak out for greater justice today? <i>Luke 4:24</i>	22 Unlimited Forgiveness Who do I most need to forgive or be forgiven by today? <i>Matthew 18:21-23</i>	23 God's Commands Which of the commandments most needs my attention today? <i>Matthew 5:19</i>	24 Listen to My Voice! How might I find more time to read and reflect on Scripture today? <i>Jeremiah 7:23</i>	25 THE ANNUNCIATION Return to God! Trust that God will forgive and heal me from my sinfulness. <i>Hosea 14:3-4</i>	26 Pray for God's Mercy! Take time to pray humbly for God's forgiveness. <i>Luke 18:13-14</i>	
27 Ambassadors for Christ With whom might I share what Jesus means to me? <i>2 Corinthians 5:20</i>	28 A New Creation How can I change my prejudices that make life hard for others? <i>Isaiah 65:17-18</i>	29 Do You Want to Be Well? Ask Jesus to heal what ails you most in body or spirit. <i>John 5:6</i>	30 Doing God's Will How might I better follow Jesus' example and help others? <i>John 5:30</i>	31 Believe My Words! How might I apply Jesus' message of freedom and justice today? <i>John 5:37-40</i>	1 APRIL God Hears Cries for Justice How might I act to make a situation more just today? <i>Psalms 34:18</i>	2 Do Justice, Lord! How might I help to protect the innocent and vulnerable today? <i>Psalms 7:9-10</i>	
3 No Condemnation Like Jesus, how might I forgive others instead of condemning them? <i>John 8:11</i>	4 Throwing the First Stone How can I be more understanding before judging others? <i>John 8:7</i>	5 God Is with Me How might I pay more attention to God's presence with me today? <i>John 8:29</i>	6 Blessed Are You! How might I praise and thank God in a special way today? <i>Daniel 3:52</i>	7 They Wanted to Stone Him How might I call on God to be with me in times of trouble? <i>John 8:58-59</i>	8 The Lord Is with Me Rejoice today for God's presence in you and in your life? <i>Jeremiah 20:11</i>	9 One Community How might I invite those outside or marginalized into our community? <i>John 11:52-53</i>	
10 PALM SUNDAY He Emptied Himself How can I give myself in greater service to those in need? <i>Philippians 2:6-11</i>	11 Acting for Justice How might I be willing to suffer to create more justice today? <i>Isaiah 42:1-2</i>	12 One Will Betray Me How might I make amends for the ways I have betrayed Jesus? <i>John 13:21</i>	13 30 Pieces of Silver What most tempts me to deny and betray Jesus and his ways? <i>Matthew 26:14-6</i>	14 HOLY THURSDAY I Give You an Example Like Jesus, how can I serve those most in need today? <i>John 13:14-15</i>	15 GOOD FRIDAY Crucify Him! How might I act like Jesus even when difficulties overwhelm me? <i>John 19:6</i>	16 EASTER VIGIL He Has Been Raised! Let us seek the risen Christ now in our everyday lives. <i>Luke 24:5-8</i>	